

Tom Roberts Adventure Centre

Yates Farm, Malswick, Newent Gloucestershire, GL18 1HE

www.tracnewent.org.uk

**MINOR INJURIES UNIT (MIU)**

Minor Injuries Units at community hospitals treat a variety of injuries and illness for adults and children. No appointment is needed.

If your injury is not serious you can get help from a MIU rather than emergency department. By doing so you allow emergency department staff to concentrate on people with serious and life-threatening conditions and save yourself a potentially long wait.

**The MIU team specialise in:**

* Sprains
* Simple fractures needing x-rays and plasters
* Simple wounds that may need stitches
* Minor burns
* Emergency contraception
* Minor head injuries with no loss of consciousness
* Eye conditions including foreign bodies and conjunctivitis
* Skin problems such as rashes, bites, stings and infections
* Minor illness, earache, sore throat (when your GP PRACTICE IS CLOSED)

**Nearest Minor Injury Units:**

* **Tewkesbury Hospital** Monday – Sunday 0800–2000

Barton Rd, Gloucestershire, Tewkesbury GL20 5GJ 28 Mins - 15 Miles

0300 421 6100

* **Ledbury Community Health** Monday – Sunday 24 hours

Market St, Ledbury HR8 2AQ 19 minutes – 10.1 miles

01531 632488

* **Ross-on-Wye Community Hospital** Monday – Friday 0830 -1800

Alton St, Ross-on-Wye HR9 5AD 19 Minutes – 10.9 Miles

01989 562100

**NEAREST A&E**

* **Gloucester Royal Hospital** 24 Hours

Great Western Rd, Gloucester GL1 3NN 20 Mins – 8.4 Miles

0300 422 2222